Community Health Implementation Strategy 2017-2019

Sharkey-Issaquena Community Hospital

Introduction

Sharkey-Issaquena Community Hospital is a 19 bed, short-term acute care hospital located in Rolling Fork, Mississippi in the county of Sharkey. The Hospital serves both Sharkey and Issaquena Counties in Mississippi.

Identifying Health Needs

A community health needs assessment was conducted in December 2016. Community input obtained through interviews of key informants, including public health agencies.

Population demographics and socioeconomic characteristics of the community were gathered and reported utilizing various third parties. The health status of the community was then reviewed. Information on the leading causes of death and morbidity information was analyzed in conjunction with health outcomes and factors reported for the community by CountyHealthrankings.org. and other third parties.

This data was analyzed and reviewed to identify health issues of uninsured persons, low-income persons and minority groups, and the community as a whole. As a result of the analysis described above, the following health needs were identified as the most significant health needs for the community:

- Poverty/children in poverty
- Healthy behaviors/lifestyle choices
- Adult obesity
- Uninsured/underinsured
- High cost of health care
- Access to primary care physicians/retention of qualified staff
- Limited access to healthy foods
- Diabetes
- Lack of health knowledge/education
- High blood pressure
- Transportation
- Shortage of mental health services/providers
- Physical inactivity/access to recreational facilities
- Adult smoking

The identified health needs were reviewed by hospital management and priority areas, included in the table below, were determined based on their assessment of the qualitative and quantitative data.

Sharkey – Issaquena Community Hospital Priority	Correlated Community Health Need
Prevention and Management of Chronic Diseases	 Healthy Behaviors/Lifestyle Choices Adult Obesity Diabetes Lack of Health Knowledge/Education High Blood Pressure Physical Inactivity/Access to Recreational Facilities Adult Smoking
Poverty	 Poverty/Children in Poverty Limited Access to Healthy Foods
Access to Health Services	 Uninsured!Underinsured High Cost of Health Care Access to Primary Care

PRIORITY 1: Prevention and Management of Chronic Diseases

Goal1: Educate community members on the importance of healthy lifestyles, disease prevention and chronic disease management.

Strategies: A. Provide resource materials and resources through network affiliates.

- B. Provide "Pharmacy Assistance Program" assistance for uninsured for maintenance medications to include high blood pressure, diabetes, asthma, etc. ..
- C. Promote physical fitness through the Bearable Fitness Center and host various programs that combat obesity and support healthy living.
- D. Develop and maintain relationship with Mississippi Tobacco Free Coalition to combat smoking and provide education and resources.

Goal 2: Provide opportunities for preventive screenings and diagnostic tests

Strategies:

- A. Strategize, plan and implement multiple health fairs throughout Sharkey and Issaquena counties to provide education and free health screenings to individuals. Screenings will include blood pressure, glucose and BMI's. These screenings will include referrals by as certified Community Health Worker and follow ups.
- B. Diabetics will receive free screenings at health fairs, referrals, follow- ups and in some cases new glucose monitors and strips to assist them in maintaining their levels. Phannacy Assistance Program \vill also be available.

Goal 3: Blood pressure

Strategies:

A. Promote education and awareness through materials provided during hospital stays, health fairs as well as providing pharmacy assistance for uninsured.

PRIORITY 2: Poverty/Children in Poverty

Goal 1: Increase availability of healthy food options for persons living in poverty.

Strategies: A. Provide education for healthy eating through health fairs and nutrition classes throughout the schools and health fairs.

B. Work with Mississippi State Extension Service to promote their Walk-A-Weigh program in Issaquena and Sharkey counties.

Goal 2: Provide supportive services to families and patients requiring medical care and assistance with navigation of healthcare system.

Strategies: A. Provide support through network relationships and services provided by their resources.

PRIORITY 3: Access to Health Services

Goa/1: Increase access to Primary Care.

- **Strategies:** A. Provide resources through network, schools, businesses and community related fairs and festivals to promote healthcare availability.
 - **B.** Through health fairs, provide referral assistance and educate residents on services and healthcare providers available who provide those vanous services.

Needs Not Addressed

Some issues identified through the Community Health Needs Assessment have not been addressed in this plan. In initial discussion and subsequent prioritization, Sharkey-Issaquena Community Hospital considered the levels to which some needs were already being addressed in the service area. Additionally, some community needs fall out of the scope of expertise and resources of Sharkey-Issaquena Community Hospital. The following chart outlines how some of the needs identified in the assessment are addressed by others or in different ways:

Community Need	How Need is Addressed
Transportation	Aside from Ambulance Services and Intensive Outpatient Program transportation provided, no other transportation needs are met by this hospital. However, there are other agencies that do provide transportation including Medicaid and Medicare services, MS Christian Family Services and Cary Christian Center.
Shortage of Mental Health Providers	SICH has Geriatric /Senior Care psychiatrist who is on campus three days a week. Any other mental health services are provided by Life Help which is located next to the hospital.

Next Steps

This Implementation Plan will be rolled out over the next three years, from FY 2017 through the end ofFY 2019. The Hospital will work with community partners and health issue experts on the following for each of the approaches to addressing the identified health needs:

- Develop work plans to support effective implementation
- Create mechanisms to monitor and measure outcomes

Provide on-going status and results of these efforts to improve community health

Sharkey-Issaquena Community Hospital is committed to conducting another health needs assessment within three years.

Adoption/Approval

Sharkey-Issaquena Community Hospital 's Board of Directors approves the Implementation Strategy that has been developed to address the priorities of the Community Health Needs Assessment conducted in FY 2016.

The Hospital will utilize this Implementation Strategy as a roadmap to coUaborate with their community to address the priorities, particularly for the most vulnerable.

Chair Sharkey-Issaquena Community Hospital Board of Directors

Date

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| Chief Executive Officer, Sharkey-Issaquena Community Hospital | Date